



# U.S. NAVAL SUPPORT ACTIVITY, NAPLES

# BASEWIDE MONTHLY EVENTS & ACTIVITIES

All-In-One Place ➤ Updated Monthly

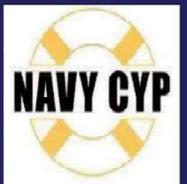
## CALENDAR



## VOLUNTEERS WELCOME!



## What's **Happening...**



## Liberty Activities

For E1-E6 single and unaccompanied service members

### TICKETS & TRAVEL



## Captain's Cup

## MONTHLY EVENTS @ USO Naples

# FEB 2026

## USO NAPLES

### Support Site Location

Village Forum

Hours:

M-F 10am-4pm

### Capo Location

Air Terminal

Hours:

M-Th 8:30am-4pm

Facebook: @USONAPLES



FOR THE PEOPLE WHO SERVE.™

**\*SOME EVENTS MAY BE REGISTRATION ONLY - CHECK WITH US FOR MORE INFORMATION**

S	M	T	W	T	F	S
01  <b>1500 - 1700</b> Family Birthday Bingo Naples High School Cafeteria	02  <b>1000 - 1100</b> Toddler Time Birthday Bash Support Site Community Room	03	04  <b>1100 - 1200</b> USO 85 <sup>TH</sup> Birthday Bash Capo USO Lounge	05 <b>1100 - 1200</b> Troop Time Capo	06 <b>1300 - 1430</b> Gaeta Pre- Super Bowl Lunch and Trivia Gaeta MWR	07
08	09 <b>1000 - 1100</b> Toddler Time Support Site Community Room	10 <b>1100 - 1200</b> Troop Time Capo	11 <b>1000 - 1100</b> Teddy Bear Club Support Site Community Room	12 <b>1100 - 1200</b> Troop Time Capo	13	14
15	16 <i>Holiday</i> <b>CENTERS CLOSED</b>	17 <b>1100 - 1200</b> Troop Time Capo	18 <b>1345 - 1445</b> After School: Craft Attack Support Site Village Forum	19 <b>1100 - 1200</b> Troop Time Capo	20 <b>1000 - 1100</b> Coffee Connections Support Site Community Center <b>1800 - 1930</b> Game Night EAT TF SS	21
22	23 <b>1000 - 1100</b> Toddler Time Support Site Community Room	24 <b>1100 - 1200</b> Troop Time Capo	25 <b>1345 - 1445</b> After School: Craft Attack Support Site Village Forum	26 <b>1100 - 1200</b> Troop Time Capo	27 <b>1730 - 1830</b> Daddy & Me Support Site Community Center	28

BECOME A USO VOLUNTEER! Sign up at [volunteers.uso.org](https://volunteers.uso.org)



# New to NSA Naples? Attend Area Orientation!

## 2026\*

JANUARY

Mo	Tu	We	Th	Fr	Sa	Su
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

FEBRUARY

Mo	Tu	We	Th	Fr	Sa	Su
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	1
2	3	4	5	6	7	8

MARCH

Mo	Tu	We	Th	Fr	Sa	Su
23	24	25	26	27	28	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

APRIL

Mo	Tu	We	Th	Fr	Sa	Su
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10

MAY

Mo	Tu	We	Th	Fr	Sa	Su
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

JUNE

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5
6	7	8	9	10	11	12

JULY

Mo	Tu	We	Th	Fr	Sa	Su
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

AUGUST

Mo	Tu	We	Th	Fr	Sa	Su
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

SEPTEMBER

Mo	Tu	We	Th	Fr	Sa	Su
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4
5	6	7	8	9	10	11

OCTOBER

Mo	Tu	We	Th	Fr	Sa	Su
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

NOVEMBER

Mo	Tu	We	Th	Fr	Sa	Su
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

DECEMBER

Mo	Tu	We	Th	Fr	Sa	Su
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

- Area Orientation at Reel Times 2 Cinema, Support Site
- Cultural assimilation trip to downtown Naples
- Family cultural assimilation trip to downtown Naples

\*Dates subject to change

### Two ways to register:

Scan here >> 

or

Email [NSANaplesAO@us.navy.mil](mailto:NSANaplesAO@us.navy.mil) with the participant's rate and rank, first and last name, personal email, command, arrival date and sponsor's email.

For more information, call +39 081-811-6954 or +39 335-848-4641.



# Sponsorship Training

Expecting new arrivals? Learn the roles, responsibilities, and best practices of becoming a sponsor. You will receive the tips, tools, and resources needed to execute your duties and provide an informative and welcoming experience for your command's newcomers. Open to Active Duty, DoD Civilians, Contractors, and family members.

## 2026



15 Jan 2026	0900-1200 Capodichino
12 Mar 2026	0900-1200 Support Site
7 May 2026	0900-1200 Capodichino
16 Jul 2026	0900-1200 Support Site
24 Sep 2026	0900-1200 Capodichino
12 Nov 2026	0900-1200 Support Site

**COMMAND SPONSOR AND INDOCTRINATION PROGRAM OPNAVINST 1740.3E**

**"Ensure sponsors have completed sponsor training prior to being assigned as a sponsor."**

<https://millifelearning.militaryonesource.mil/course/esat101>

**Registration required.**

Email: [nsanaplesffsc@us.navy.mil](mailto:nsanaplesffsc@us.navy.mil)

**DSN: 629-6372**

**COMM: 081-811-6372**





FEBRUARY

# FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

## ▲ AREA ORIENTATION

### Area Orientation (mandatory for newcomers)

Feb. 4 and 5, Feb. 18 and 19

Wednesday, 7:45 a.m.-2 p.m.

Thursday, 7:45 a.m.-3 p.m.

Reel Times 2 Cinema, Support Site

### Cultural Assimilation Trips to Downtown Naples

Friday, Feb. 6 and 20 | 7:45 a.m.-2:30 p.m.

## NEW PARENT SUPPORT PROGRAM

### Post-Partum Support Group

*in partnership with Navy Marine Corps Relief Society*

Wednesday, Feb. 4 and 18

10-11:30 a.m.

## RELOCATION

### Smooth Move

Thursday, Feb. 26

9 a.m.-Noon

## FAMILY READINESS

### Ombudsman Basic Training (OBT)

Tuesday-Thursday, Feb. 3-5

8:30 a.m.-3:30 p.m.

### Ombudsman Advanced Training

Tuesday, Feb. 17 | 5-5:30 p.m.

Reel Times 2 Cinema, Support Site

### Ombudsman Assembly

Tuesday, Feb. 17 | 5:30-6:30 p.m.

Reel Times 2 Cinema, Support Site

## SEXUAL ASSAULT PREVENTION AND RESPONSE

### Victim Advocate Refresher (CEU)

Wednesday, Feb. 4 | Noon-2 p.m.

FFR Conference Room, Capodichino

### Administrative Unit Victim Advocate Training

Thursday, Feb. 12 | 11:30 a.m.-1:30 p.m.

FFR Conference Room, Capodichino

### Command Duty Officer/ Watchstander Training

Tuesday, Feb. 24 | 1-3 p.m.

**\*Virtual Class**

## INTERCULTURAL RELATIONS

### Italian @ Lunch Time

(Basic Italian for beginners)

Monday, Feb. 2 and 9 | 11 a.m.-12:30 p.m.

FFR Conference Room, Capodichino

### Easy Italian (beginners)

Tuesday, Feb. 10, 17 and 24

10:30 a.m.-12:30 p.m.

### Intercultural Relations trip

Pulcinella Museum

Thursday, Feb. 12 | 9:30 a.m.-2:30 p.m.

### Intercultural Relations Seminars

Carnevale in Italy and Sweets Tasting

Wednesday, Feb. 11 | 10 a.m.-Noon

Limoncello Making Class

Thursday, Feb. 19 | 9 a.m.-Noon

### Intermediate Italian @ Lunch Time

Monday Feb. 23 | 11 a.m.-12:30 p.m.

FFR Conference Room, Capodichino

### Intermediate Italian

Wednesday, Feb. 25 | 10-11:30 a.m.

## FAMILY EMPLOYMENT READINESS PROGRAM

### Interview Skills

Wednesday, Feb. 4 | 9-11 a.m.

### Salary Negotiation

Wednesday, Feb. 4, | Noon-2 p.m.

## TRANSITION ASSISTANCE PROGRAM

*Must be registered by Command Career Counselor*

### Pre-Separation Workshop

Monday-Wednesday, Feb. 9-11

8 a.m.-4 p.m.

### Department of Labor

### Employment Workshop

Thursday and Friday, Feb. 12 and 13

8 a.m.-4 p.m.

### Capstone Event

Thursday, Feb. 19

1-4 p.m.

### Boots to Business (Entrepreneurship Track)

Monday and Tuesday, Feb. 23 and 24

8 a.m.-4 p.m.

## EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

### Leader Brief\*

Thursday, Feb. 12 | 3-4 p.m.

### Command Point of Contact Training\*

Thursday, Feb. 19 | 11 a.m.-Noon

### Navigating EFMP

Wednesday, Feb. 25 | 2-3 p.m.

## LIFE SKILLS

### Learning to Listen: Communication in Personal Relationships

Tuesday, Feb. 10 | 11:30 a.m.-12:30 p.m.

FFR Conference Room, Capodichino

### Mind-Body Mental Fitness:

### Connecting the Dots

Thursday, Feb. 12 | 10:30-11:30 a.m.

Fleet and Family Support Center, Support Site

or

Tuesday, Feb. 24 | 11:30 a.m.-12:30 p.m.

FFR Conference Room, Capodichino

### Healthy Relationship Escape Room for Teens

Friday, Feb. 20 | 5:30-6:30 p.m.

Community Center, Support Site

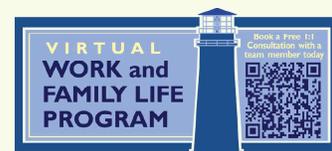
## VIRTUAL WORK AND FAMILY LIFE PROGRAMS

The following program currently is being offered virtually:

### PERSONAL FINANCE MANAGEMENT

Visit [mynavyfamily.com](http://mynavyfamily.com) to create an account and access virtual classes and online resources.

Scan the QR code below to book a 1:1 consultation with a team member.



### To register for a class:

- Call 081-811-6372 | DSN 629-6372
- Email [NSANaplesFFSC@us.navy.mil](mailto:NSANaplesFFSC@us.navy.mil) and include the class title, your name, email address, phone number, sponsor's rank and command





# CAPTAIN'S CUP

## Sports Athletic Program

Represent your command and compete for the coveted 2026 Captain's Cup Trophy!



Coaches meetings will be held at the Support Site Fitness Forum, second floor at 3 p.m., unless specified.

Sport	Season Start Tournament Date	Location	Coaches Meeting	Registration Deadline
<b>Racquetball Tournament</b>	Jan. 29	Support Site Fitness Center	Jan. 22	Jan. 24
<b>Basketball</b>	Feb. 17	Support Site Fitness Center	Jan. 21	Jan. 29
<b>Pickleball Tournament</b>	Feb. 18	Support Site Fitness Center	Feb. 11	Jan. 30
<b>Bowling</b>	March 3	Strikers Entertainment Center	March 3 Strikers Entertainment Center	Feb. 24
<b>Soccer</b>	April 13	Carney Park	April 2	April 7
<b>Ping Pong Tournament</b>	April 15 and 16	Support Site Fitness Center	April 10	April 13
<b>Armed Forces Olympics</b>	May 8	Carney Park	March 12, April 9 and May 4	April 30
<b>Softball</b>	May 18	Carney Park	May 12	May 12
<b>Golf Tournament</b>	July 15, 22 and 29	Carney Park Golf Course	July 15 Carney Park Golf Course	
<b>Flag Football</b>	Sept. 15	Carney Park	Sept. 9	Sept. 8
<b>Volleyball</b>	Oct. 20	Support Site Fitness Center	Oct. 8	Oct. 12
<b>Army vs. Navy Flag Football Game</b>	Dec. 12	Carney Park		

# FEBRUARY 2026



# NMCRS NAPLES

## OFFICE AND THRIFT STORE SCHEDULE

### CAPO OFFICE & UNIFORM LOCKER HOURS

- MONDAY-THURSDAY 9AM-2PM

### BUDGET FOR BABY CLASS DETAILS

- 3RD TUESDAY OF THE MONTH
- 9AM-12PM AT S.SITE
- GET A \$50 GIFT CARD + HANDMADE BLANKET
- SIGN UP VIA QR OR FB PAGE EVENT LINK



### CONTACT US

- FB PAGE
  - NAVY-MARINE CORPS RELIEF SOCIETY NAPLES, ITALY
- FB GROUP
  - NSA NAPLES NMCRS THRIFT SHOP
- MAIN OFFICE
  - FRONT DESK: (081) 568-3913
  - DSN: 626-3913
  - EMAIL: NAPLES@NMCRS.ORG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			28	29	30	31
1	2	3	4	5	6	7
		SHOPPING & DONATIONS				SHOPPING & DONATIONS
		10AM-1PM	3PM-6PM	10AM-1PM		9AM-12PM
			POST-PART. GROUP			
8	9	10	11	12	13	14
		SHOPPING & DONATIONS				
		10AM-1PM	3PM-6PM	10AM-1PM		
15	16	17	18	19	20	21
		SHOPPING & DONATIONS				SHOPPING & DONATIONS
		10AM-1PM	3PM-6PM	10AM-1PM		9AM-12PM
		BUDGET FOR BABY	POST-PART. GROUP			
22	23	24	25	26	27	28
		SHOPPING & DONATIONS				
		10AM-1PM	3PM-6PM	10AM-1PM		

**EVERY WEDNESDAY IS AN AD PRIORITY DAY (50% OFF WITH ID). THE POSTPARTUM SUPPORT GROUP IS 10-1130, AT THE S. SITE COMM. CENTER, NO REGISTRATION REQ. THRIFT STORE HOURS ARE SUBJECT TO CHANGE AND DONATIONS MAY BE STOPPED AT ANY TIME DUE TO VOLUNTEER OR SPACE AVAILABILITY. PLEASE KEEP STROLLERS, FOOD, AND DRINKS OUTSIDE WHEN VISITING THE STORE. CHECK OUR FB FOR UPDATES & MORE INFORMATION ON EVENTS!**

NSA Naples February 2026

## Sexual Assault Prevention and Response Calendar of Events

<b>FEB</b> <b>03</b>	<b>SAPR Serves Troop Lunch w/USO</b> Capo Air Terminal 1100-1200* (*or until food runs out)
<b>FEB</b> <b>04</b>	<b>VA Refresher Training</b> Fleet and Family Readiness Conference Room, Capo (Building 450) 1200-1400
<b>FEB</b> <b>12</b>	<b>Administrative UVA Training</b> Fleet and Family Readiness Conference Room, Capo (Building 450) 1130-1330
<b>FEB</b> <b>24</b>	<b>CDO/Watch Stander Training</b> Fleet and Family Support Center, SS 1300-1500

VA Refresher: For SAPR VAs renewing their certification. This class may count toward your required 8 hours of face-to-face Continuing Education Units (CEU), out of the total 32 required training hours within two years of credentialing.

For more CEU info: <https://www.trynova.org/credentialing/d-saacp-dod/>

**\*All classes are subject to change\***

**Local SAPR 24/7 Helpline: +39 335-640-6621**





# SUPPORT SITE FITNESS CENTER ANNOUNCEMENT

## Please pardon our progress

The fitness center will remain open.  
Please pay attention to construction signs  
and follow staff member's directions.

Project	Scheduled dates
Aerobics Room closed to paint room. Classes held on basketball court.	Jan. 7-9
Basketball courts closed during unmanned hours.	Jan. 9-19
Free Weight Room closed to paint room and install new flooring. Free weights not available during this time.	Jan. 9-19
Racquetball courts, cycling room and hall closed to paint areas and install new flooring.	Jan. 20-28
Locker rooms closed to paint hall.	Jan. 29 and 30
Cardio equipment relocated to basketball court.	Jan. 29-Feb. 13
NOFFS Zone installed.	Feb. 6-16
Locker rooms closed to paint rooms.	Feb. 16-20

For more information, call 081-811-6521 | DSN 629-6521.



USO HOLIDAYS

# FAMILY BIRTHDAY BINGO



Community members are invited to join us for our first free Bingo event of the year—and it's extra special with a birthday theme! Come celebrate and help wish your favorite USO a happy birthday while enjoying six rounds of Bingo and the chance to win fun prizes, including gift baskets, electronics, and more.

**Time: Feb. 1<sup>st</sup> : 1500-1700**

**Location: High School Cafeteria**

Bingo is free to play and open to U.S. ID card holders.

No registration required—just bring your game face and join the fun!



[USO.org/HOLIDAYS](https://www.uso.org/HOLIDAYS)

USO HOLIDAYS

# TODDLER TIME: USO BIRTHDAY EDITION



Celebrate the USO's 85<sup>th</sup> Birthday with USO & EDIS! Join us for a very special birthday themed toddler time, **Monday February 2<sup>nd</sup> from 10-11 AM at the Community Center**

A fun-filled morning of storytime, play, and activities designed for little ones! No registration needed—just drop in and enjoy!



[USO.org/HOLIDAYS](https://www.uso.org/HOLIDAYS)



**USO YOUTH PROGRAMS**

# TODDLER TIME



Toddler Time with USO & EDIS!

Join us every Monday in from 10-11 AM at the Community Center for a fun-filled morning of storytime, play, and activities designed for little ones! No registration needed—just drop in and enjoy!



[USO.org/YouthPrograms](https://www.uso.org/YouthPrograms)





**NICOLE**

**KASSIDY**

**TAYLOR**



**CHRISTAL**

**BAILEY**



**Meet and Greets**

**Monday, Feb. 2 • 7 p.m.**

**Strikers Entertainment Center, Support Site**

**Tuesday, Feb. 3 • 11:30 a.m.**

**Bella Napoli Food Court, Capodichino**

**Youth Cheer Clinic (Grades Kindergarten-12)**

**Monday, Feb. 2 • 5:30-6:30 p.m. • Youth Center, Support Site**

Register now through Jan. 30 at [NaplesMWR\\_SpecialEvents@us.navy.mil](mailto:NaplesMWR_SpecialEvents@us.navy.mil)

Provide name of child(ren), age(s) and Parent/Guardian/Adult who will be with the child(ren).\*

For more information, call 081-811-4459

DSN 629-4459 or email

[NaplesMWR\\_SpecialEvents@us.navy.mil](mailto:NaplesMWR_SpecialEvents@us.navy.mil)



\*Required



Learn more at [ArmedForcesEntertainment.com](http://ArmedForcesEntertainment.com)

**USO YOUTH PROGRAMS**

# AFTER SCHOOL CRAFT ATTACK

**EVERY WEDNESDAY FROM 1345 TO 1445 AT THE USO SUPPORT SITE VILLAGE FORUM.**



Stop by the USO after school for a snack and craft! No need to stay and craft — just dash in and grab your weekly take-home kit with a fun snack included!

Each week brings a new themed project — from seasonal decorations to friendship bracelets — designed for families to enjoy together at home and strengthen bonds through creativity.

### **Important to Know:**

- While supplies last.
- Children must be accompanied by a parent, adult, or legal guardian to receive a kit and snack.
- For safety reasons (choking hazards, allergies, and parental choice), we cannot provide kits or snacks to unaccompanied children.



[USO.org/YouthPrograms](https://www.uso.org/YouthPrograms)

USO HOLIDAYS

# USO 85<sup>TH</sup> BIRTHDAY BASH



Take a break and celebrate at the USO at the 85<sup>th</sup> Birthday Bash **February 4<sup>th</sup> from 11:00-12:00 at the USO Capo Lounge.**

Enjoy a meal worth celebrating and join in on birthday and party games to win great prizes!



[USO.org/HOLIDAYS](https://www.uso.org/HOLIDAYS)

**USO ENTERTAINMENT**

# GAETA: THE BIG GAME PREGAME LUNCH AND TRIVIA!



Join USO and MWR Gaeta as we celebrate football season with a special Big Game Pregame event!

**Friday, February 6th from 1300-1430  
at Gaeta.**

Featuring delicious food, exciting trivia, and all the game day vibes you need to get pumped for the big football game coming up that weekend!

Come enjoy great food, compete for prizes, and spend quality time with your community as we gather together to celebrate the biggest game of the year!



[USO.org/ENTERTAINMENT](https://www.uso.org/ENTERTAINMENT)





NAVY-MARINE CORPS  
RELIEF SOCIETY®



# POSTPARTUM SUPPORT GROUP

We welcome new parents and children under 5  
-exclusive shopping time for attendees-  
no registration required

**FEB 4<sup>TH</sup> & 18<sup>TH</sup>**

USO Community Center  
from 10am-11:30am

Shopping will be after group  
time on the first Wednesday only.

This event is facilitated by the NMCRS  
visiting nurse and FFSC new parent support  
NMCRS Nurse Contact: [Randi.Eaton@NMCRS.org](mailto:Randi.Eaton@NMCRS.org)

**USO YOUTH PROGRAMS**

# TEDDY BEAR CLUB: SWEETHEART HEART ART



Join us for Teddy Bear Club: Sweetheart Heart Art!

Get ready for a lovely and creative morning as our smallest patrons craft their own Valentine's Day masterpieces on **Wednesday, February 11th from 10:00-11:00 AM at the Support Site Community Center.**

Bring your child's favorite teddy bear for a sweetheart adventure! Little ones will create, color, and decorate their own heart art crafts while enjoying yummy snacks and quality time with friends.

It's going to be a sweet time filled with creativity, love, and fun for kids, teddies, and parents alike!



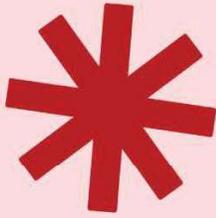
<https://bit.ly/TBCSweetheartArt>

**USO.org/YouthPrograms**

SCAN TO REGISTER



# FREE BLOOD PRESSURE CLINIC



**11FEB from 11am-1pm at the Capo Spine**



Health Promotion and Wellness  
NMRTC Naples



American  
Red Cross





## BUDGET FOR BABY® WORKSHOPS

# Naples NMCRS Budget for Baby Workshop Registration

Workshop held every 3rd Tuesday of the Month  
10am-1pm @ S. Site Library Upstairs Conf. Room  
Includes \$50 Gift Card and Handmade Blanket



# Captain's Cup

# 2026

**Mondays and Wednesdays**

**6 p.m.**

**Support Site Fitness Center**



# Basketball

## Co-ed League

**Starts Tuesday, Feb. 17**

Represent your command and compete to win the coveted 2026 Captain's Cup trophy!

**Coaches meeting: Wednesday, Jan. 21, 3 p.m.  
Support Site Fitness Center, second floor**

Review of bylaws, rules and regulations. Coaches are strongly encouraged to attend. Must be 17 years or older and out of high school to participate.

**Roster due no later than Jan. 29.  
No additions to rosters will be allowed.**



For more information, call 081-811-6528 / DSN 629-6528.

Date

**Wednesday,  
Feb. 18**

Time

**Noon-2 p.m.**

# HOME SCHOOL HAPPENING

LOCATION

**Reel Times 2  
Cinema**

ACTIVITY

Watch *Despicable Me* with the group.  
Concessions (one drink, one small popcorn  
and one candy) provided.

Concessions and activities begin at noon. Movie begins at 12:30 p.m.  
Kids ages 12 years and younger must be accompanied by an adult.  
Registration not required.



For more information,  
email the NSA Naples School Liaison at [NaplesSLP@us.navy.mil](mailto:NaplesSLP@us.navy.mil).





February 18 2026

# Napoli That's Amore

Join us at a Neapolitan culinary event with  
meatballs

CAPO AIR TERMINAL FROM 11.00 - 12.30



# Captain's Cup

2026



**Support Site  
Fitness Center**

**6 p.m.**

# Pickleball Tournament

Represent your command and compete to win the coveted 2026 Captain's Cup trophy!  
Doubles play in advanced and beginner tournaments.

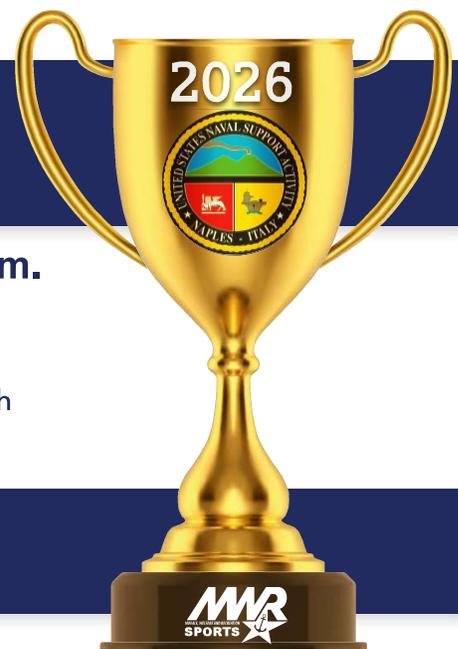
**Wednesday, Feb. 18**

**Coaches meeting: Wednesday, Feb. 11 at 3 p.m.**

**Support Site Fitness Center, second floor**

Review of bylaws, rules and regulations. Coaches are strongly encouraged to attend. Must be 18 years or older and out of high school to participate.

**Registration date: Friday, Jan. 30**



To register or for more information, call 081-811-6528 / DSN 629-6528.



U.S. Department of Defense

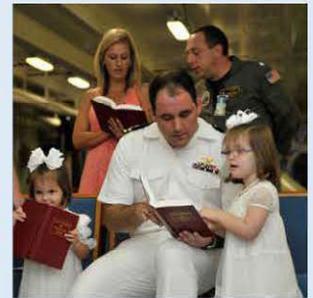
**EFMP** Exceptional Family Member Program

# Command Point of Contact Training

**Virtual Training**

**February 19, 2026**

**1100-1200**



This virtual workshop is designed to provide EFMP Command POCs with information about the Exceptional Family Member Program and will cover:

- POC Responsibilities
- OPNAVINST Requirements
- Enrollment Process
- Eligibility Criteria
- Myths vs Facts



Call or Email to Register

Email: [EFMPNaples@us.navy.mil](mailto:EFMPNaples@us.navy.mil)

Call: DSN 629-6372 or Comm. 081-811-6372



FFSC Naples Facebook

## USO COFFEE CONNECTIONS

FEB 20  
1000-1100

# THE PERFECT PAIRINGS: COFFEE TASTING MORNING



Join us for a relaxed morning meet-up with fellow military spouses.

This isn't just about coffee—it's your chance to explore the art of coffee tasting, discover perfect flavor pairings, and connect with others who appreciate the finer things in life.

Sample different coffee varieties paired with complementary bites while learning about flavor profiles and building friendships over exceptional brews and conversation.



<https://bit.ly/CCPerfectPairings>

SCAN TO REGISTER



USO GAMING

FEB 20  
1800-1930

# GAME NIGHT AT EAT TF RESTAURANT



Love trivia?  
Join us at EAT TF for a  
great evening!

- Participate in 3 rounds of Trivia
- Prizes for the winning team
- Food & drinks available for purchase from the restaurant

Come for the food, stay  
for the fun!

X @USOGG

DISCORD.GG/THEUSO

TWITCH.TV/THEUSO



USO.org/GAMING

GLOBAL USO GAMING PARTNERS



**NAPLES MIDDLE HIGH ATHLETIC  
BOOSTERS**

# *Spring* **BAZAAR**

**FEBRUARY**

<b>FRIDAY</b>	<b>20</b>	<b>16:00 - 20:00</b>
<b>SATURDAY</b>	<b>21</b>	<b>10:00 - 19:00</b>
<b>SUNDAY</b>	<b>22</b>	<b>10:00 - 15:00</b>

Where: Naples Middle/High School Gym

**There will be vendors from all over Europe!**

Wine, Olive oil, Ceramics,  
Leather Goods, Cuckoo  
Clocks, Handmade Furniture  
and so much more!

---

**\*ALL PROCEEDS HELP SUPPORT YOUR  
NAPLES WILDCAT ATHLETES**

---

*See you there!*



**What is EFMP?**

**How do I enroll?**

**What are the benefits?**

**Why should I enroll?**

If you have these or other questions, please join us for an informational workshop. This training will provide an overview about the Exceptional Family Member Program (EFMP) requirements, enrollment, screenings, assessments, updates, and resources available to EFMP families.

**Navigating EFMP for Family Members**

**February 25, 2026**

**1400-1500**

Call or email us to register

Phone: 081.811.6372, DSN 629.6372

Email: [EFMPNaples@us.navy.mil](mailto:EFMPNaples@us.navy.mil)



**EFMP** Exceptional Family Member Program



**USO YOUTH PROGRAMS**

# DADDY AND ME: EDIBLE COOKIEDOUGH



Join us for Daddy and Me: Edible Cookie Dough Making!

Get ready for a sweet bonding experience as dads and their little ones create delicious edible cookie dough together on **Friday, February 27th from 17:30-18:30 at the Support Site Community Center.**

Bring your little chef for a fun culinary adventure! Dads and kids will learn to make this safe-to-eat, irresistibly tasty treat together, creating memories (and yummy snacks!) that'll last long after the last bite.

It's going to be a delicious time filled with laughter, learning, and quality father-child bonding!



<https://bit.ly/DaddyandMeCookieDough>

**USO.org/YouthPrograms**

**SCAN TO REGISTER**



**Freeze in  
February with a  
spectacular plunge!**



# **POLAR PLUNGE**

**Saturday, Feb. 28**

**Support Site Pool**

**\$5**

receive an  
MWR beanie

**10 a.m.-Noon**

Swim one length of the 25-meter pool.  
The slowest swimmer will receive a prize!  
Kids will have the option to run across the shallow end.

Hot chocolate and refreshments for all swimmers.



[Scan here to register and pay.\\*](#)

\*Liberty military: Register at the Liberty Center.

For more information call 081-811-6721 / DSN 629-6721.



# TRANSITION ASSISTANCE PROGRAM (TAP) 2026 WORKSHOPS

FLEET AND FAMILY SUPPORT CENTER  
U.S. NAVAL SUPPORT ACTIVITY NAPLES, ITALY

## CORE WORKSHOPS

### Pre-Retirement

26 -28 JAN  
27- 29 APR  
13- 15 JUL  
16 - 18 NOV

### Pre-Separation

12-14 JAN    3-5 AUG  
9-11 FEB    24-26 AUG  
16-18 MAR    26-28 OCT  
13-15 APR    7-9 DEC  
11-13 MAY    11-13 JAN  
8-10 JUN      2027

### Executive TAP

2-4 MAR\*  
14 - 16 SEP\*  
**\*MUST BE AN  
E9,W4,OR O5 & ABOVE  
NO EXCEPTIONS\***

## Transition Tracks

EMPLOYMENT	ENTREPRENEURSHIP	VOCATIONAL	EDUCATIONAL
DEPARTMENT OF LABOR (DOL) EMPLOYMENT WORKSHOP EVERY THURSDAY AND FRIDAY FOLLOWING A CORE TAP WORKSHOP	BOOTS TO BUSINESS Schedule subject to change per availability of SBA instructors 23-24 FEB 22-23 JUN 19-20 OCT	CAREER AND CREDENTIAL EXPLORATION (C2E) 9-10 MAR 4-5 MAY 10-11 AUG 2-3 NOV	MANAGING YOUR (MY) EDUCATION 8-9 JAN 9-10 APR 9-10 JUL 15-16 OCT

**TAP is a DoD-wide program; therefore, all TAP workshops follow the same curriculum across all branches and ranks to include Pre-Retirement, Pre-Separation, and Executive TAP.**



Participants **MUST** register for workshops through their Command Career Counselor.  
Workshops are from 0800-1600.



**Contact Us**



081-811-6372  
629-6372



NSANaplesFFSC@us.navy.mil

# TRANSITION ASSISTANCE PROGRAM (TAP) 2026 CAPSTONE EVENT CALENDAR

## What is the Capstone Event?

Service members participate in a Capstone Event to validate and verify that they are prepared to be successful following military service by producing documentation that they meet all their Career Readiness Standards (CRS).

All service members are required to attend a Capstone Event a minimum of 90 days prior to their separation/retirement date.

## 2026 Dates

22 JAN: 0900-1200  
19 FEB: 1300-1600  
11 MAR: 0900-1200  
23 APR: 1300-1600  
28 MAY: 0900-1200  
25 JUN: 1300-1600  
28 JUL: 0900-1200  
12 AUG: 1300-1600  
29 SEP: 0900-1200  
5 NOV: 1300-1600  
17 DEC: 0900-1200

## Required Documentation

At CAPSTONE, please provide the following documents and/or complete the following activities to show Career Readiness Standards (CRS):

- 1. Individual Transition Plan (ITP)**
- 2. Proof of Registration on eBenefits**  
(using your DS/ MyAuth Logon).
- 3. Career Documentation:** Submit ONE of the following:
  - Resume
  - Proof of Employment Offer
  - College Acceptance Letter or Enrollment Verification
- 4. Transition Track Completion:** Completion of a Transition Track. **REQUIRED for Tier 3; cannot be waived.** Optional for Tier 1 & 2.
- 5. Tier-Specific Requirements (Tier 2 & 3):**
  - Gap Analysis
  - Post-Separation Financial Plan

**Failure to bring all required documents for CRS completed in full will result in having to reschedule your Capstone. If assistance with these documents is needed, please contact your Command Career Counselor or TAP Manager at FFSC.**

**For any questions or to learn more, email FFSC at [NSANaplesFFSC@us.navy.mil](mailto:NSANaplesFFSC@us.navy.mil)**



Participants **MUST** register for Workshops and Capstone Events through their Command Career Counselor.



**Contact Us**



081-811-6372  
629-6372



[NSANaplesFFSC@us.navy.mil](mailto:NSANaplesFFSC@us.navy.mil)

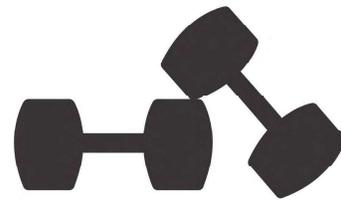


**Attention Parents!**

A new Family Fitness Room is available for you to work out.

# Family

## FITNESS ROOM



**Monday-Friday, excluding U.S. holidays**  
**Child Development Center, Support Site**

**6 a.m.-5:30 p.m.**

A small playpen area provides a safe area for your kids to play while you work out.

Workout equipment includes:

Arc Trainer™  
Stationary bike  
Rowing machine  
Free weights  
Yoga mats



The room is available only for parents who do not have childcare on a first-come, first-served basis.  
Your child(ren) must be with you while you use the room.  
The adjacent exterior playground is off limits because it is unsupervised.

For more information, call 081-811-6721/DSN 629-6721.



# Captain's Cup

2026

Tuesdays

6 p.m.

Strikers  
Bowling Center

# Bowling

Starts Tuesday, March 3

Represent your command and compete to win the 2026 Captain's Cup trophy!

### Team Captains meeting

Tuesday, March 3, 6 p.m.

Strikers Bowling Center

Review of bylaws, rules and regulations.

Must be 18 years or older and out of high school to participate.



Roster due no later than Feb. 24.

To register and for more information, call 081-811-6528 / DSN 629-6528.

Connect with MWR 24/7, [navymwrnaples.com](http://navymwrnaples.com)  [www.facebook.com/mwrnaples](https://www.facebook.com/mwrnaples)  [nsanaplesmwr](https://www.instagram.com/nsanaplesmwr)



# Dance Classes

## Spring Sessions

### *Ballet*

Ballet allows your child to build motor skills, grace and confidence. Children learn basic ballet movements and terminology through ever-changing and interactive class sessions.

#### **Tuesday**

3:20-4 p.m. • 3-6 years old

4-5 p.m. • 7-9 years old

5-6 p.m. • 10-17 years old



### **Modern Dance**

Modern Dance is a fun and energetic way to improve physical fitness, posture, balance and coordination. Classes encourage kids to learn proper dance technique and develop rhythm and movement.

#### **Thursday**

3:20-4 p.m. • 3-6 years old

4-5 p.m. • 7-9 years old

5-6 p.m. • 10-17 years old

**Classes are one-month sessions.** (No class on U.S. holidays.)

**Classes held at Support Site Fitness Center.**

Ages 3-6: \$50 for one class per week. \$85 for two classes per week.

Ages 7-9 and 10-17: \$60 for one class per week, \$100 for two classes per week.

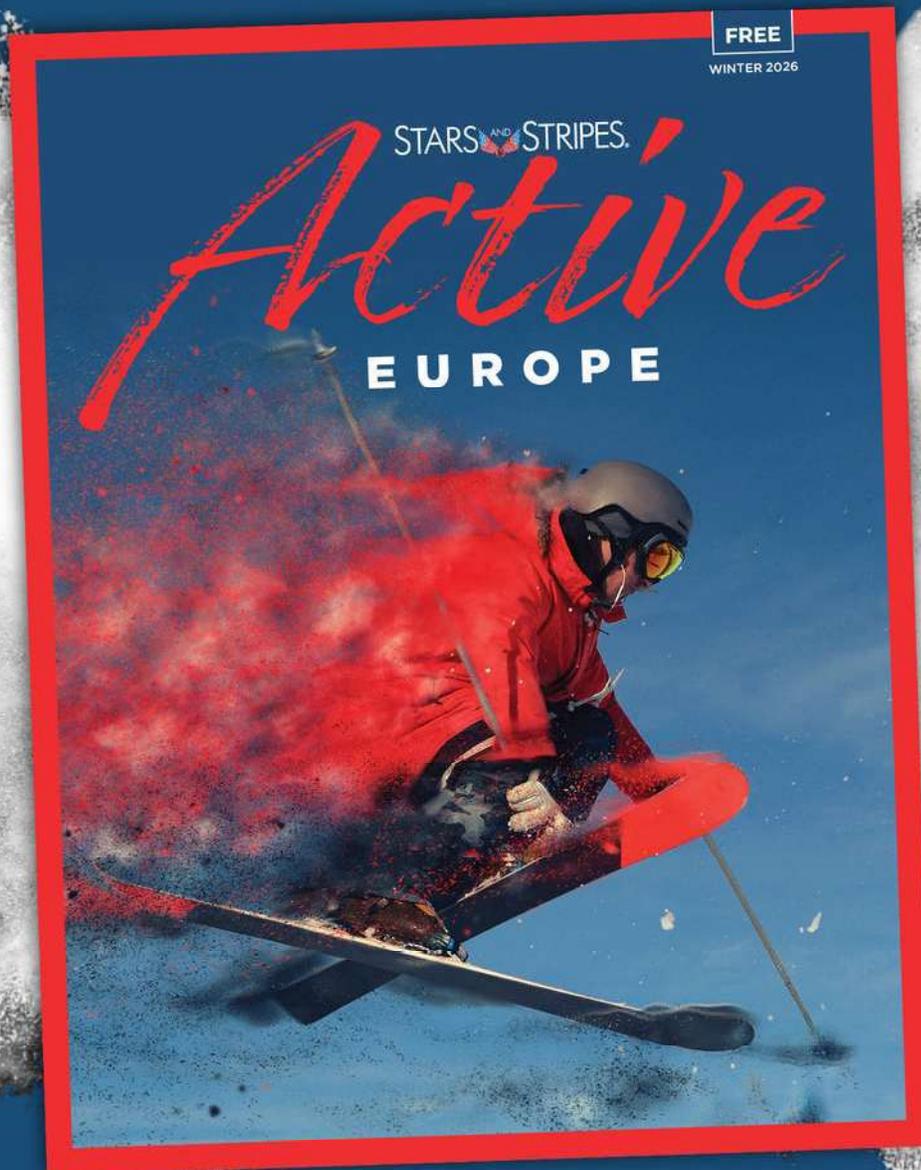
Registration opens the 15<sup>th</sup> of each month for the next session.

**Register at <https://myffr.navyaims.com> >>**



STARS AND STRIPES®

AVAILABLE NOW



**Ready to take your adventure up a notch?** Check out the first edition of Stars and Stripes' "Active Europe" magazine, designed especially for those who want to get outside and have an active adventure while stationed in Europe.

Get your **free copy** at your installation's Commissary, Exchange and Express.



# VISITING NURSE CLASSES

Virtual Classes to Support Military Families

These classes offer a welcoming space for military parents to feel supported, informed, and confident as they prepare for parenthood.

## BREASTFEEDING BASICS CLASSES



**Molly Curtis**  
BSN | RN | IBCLC



## NEWBORN CARE CLASSES



**Abby Porter**  
MSN | RN | PMH-C



## PUMPING 101 CLASSES



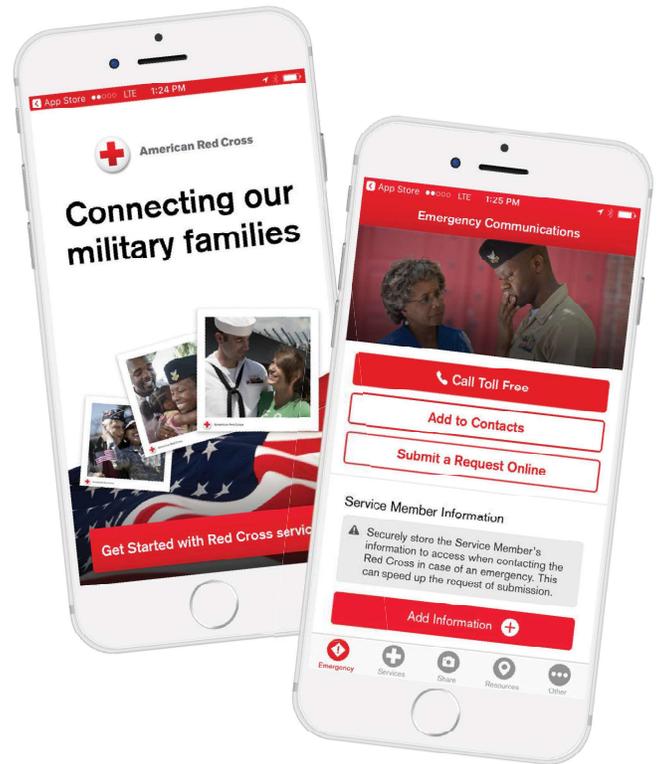
**Lindsey Potts-Szoke**  
MSN | RN | IBCLC



For Sailors, Marines, and their eligible family members.  
Learn more: [www.nmcrs.org/our-services/visiting-nurses](http://www.nmcrs.org/our-services/visiting-nurses)

# FREE Hero Care mobile app

With the Hero Care mobile app, we are making it easy for service members, veterans and their families to connect with the American Red Cross from anywhere around the world, exactly when they need us most.



## Our new Hero Care mobile app enables users to:

- Request critical Red Cross services, including requests for emergency travel and financial assistance, along with emergency messages to loved ones.
- Access non-emergency services, such as mental health support for military spouses and children.
- Access resources and information provided by trusted community partners and government agencies.
- Use the app in English or Spanish and contact our call center, which has multi-lingual staff 24/7.
- Store and access service member's information in case of an emergency.



Text **GETHEROCARE to 90999** to receive a link to download the app. Scan the QR Code to the right, or visit [redcross.org/mobileapps](https://redcross.org/mobileapps) to download the app through the Apple App Store or Google Play Store.



For other Red Cross tools and preparedness information, visit [redcross.org/mobileapps](https://redcross.org/mobileapps) to download additional FREE mobile apps today.



**American  
Red Cross**

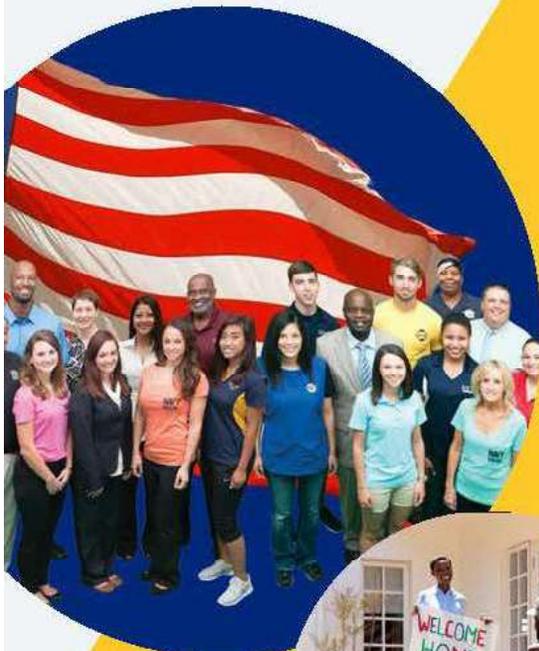


# WE ARE HIRING!

Join our valued team at  
Fleet and Family Readiness!

Our group includes individuals entry level to senior management who provide quality-of-life services to military, DoD civilians and their families at NSA Naples.

Scan here for current NAF  
and GS job openings!





**American  
Red Cross**

**Adult & Pediatric  
First Aid/AED +**

# **CPR Training**



**Blended learning format:  
Online & In-person**

**We also offer:**

**Babysitter certification  
with CPR/AED/First Aid**

 081-568-4788

 [naples@redcross.org](mailto:naples@redcross.org)

**Upcoming classes  
and registration**





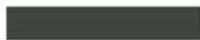
**American  
Red Cross**

Service to the Armed Forces

# VOLUNTEERS WELCOME!



**Interested in  
joining us?**



Call us at 081-568-4788 or send us an email at [naples@redcross.org](mailto:naples@redcross.org) for questions. We are looking forward to hear from you!



Teens & Youth

# Is Life Feeling Heavy?

It doesn't have to.

*moving again...!*

*Uugh! overwhelmed!*

**EMERGENCY CRISIS**  
DSN: 911  
**COMMERCIAL:**  
081-568-4911



## Fleet and Family Support Center

Services are available to U.S. military, civilian and contractor family members. Counseling for individuals (children and adolescents) and their families.

- Office: 081-811-6372 / DSN 314-629-6372
- After hours: 331-691-8268
- Virtual Clinical Counseling (via TEAMS) +1 855-205-6749

## Military OneSource

Counseling services are available to U.S. military family members 13 years and older.

- Worldwide toll-free: 00-800-342-9647
- Worldwide collect: 001-703-253-7599
- Telecom Italia: 800-172-405
- <https://livechat.militaryonesourceconnect.org/chat>

## Military Family Life Counselors

Military Family Life Counselors provide confidential non-medical counseling, consultation and outreach services to eligible children, youth, parents, faculty and staff both on and off military installations.

Scan for phone numbers



## Employee Assistance Program

Links employees' family members to qualified local services and provides licensed confidential support to help with difficult issues.

- DONCEAP: 001-888-320-2917 or 001-888-262-7878
- NAF EAP: 001-800-932-0034
- <https://magellanhealth.com/global>

## Chaplain

Offers 100 percent confidential counseling with no reporting requirements for a wide variety of religious and non-religious issues. Chaplain services are available to military, civilian and contractor family members.

Capodichino 081-568-3535 / DSN 314-626-3539  
Support Site 081-811-4600 / DSN 314-629-4600  
After hours: 366-680-5972

## U.S. Naval Hospital

### Pediatrics and Family Medicine

To schedule an appointment with your primary care provider, call 081-811-6000 / DSN 314-629-6000 or visit [www.TRICAREonline.com](http://www.TRICAREonline.com).

## Local Resources

Reach Out: Provides clinical individual and family support to any age group from childhood through adulthood. 342-800-6115 or [www.carelikehome.org](http://www.carelikehome.org).



Scan for Mental Health Resources.





*Stay Connected to*

## NSA Naples Quality of Life Programs

### WEB

This is your one stop for all information about Quality of Life Programs. View upcoming events, hours of operation and learn more about programs and services that help our military community members thrive in the NSA Naples area. The Website includes information for NSA Naples and NSAND Gaeta MWR, Child and Youth Programs, Fleet and Family Support Center and Housing.



[www.navy.mwr.naples.com](http://www.navy.mwr.naples.com)



### SOCIAL MEDIA

Stay connected 24/7 to NSA Naples Quality of Life programs! Learn about the programs, services and events at NSA Naples to take care of our military community members. We want to help you make the most of your time while stationed in Naples.



MWR

[facebook.com/mwrnaples](https://facebook.com/mwrnaples)



Child and Youth Programs

[facebook.com/napleschildandyouthprograms](https://facebook.com/napleschildandyouthprograms)



Liberty

[facebook.com/libertynaples](https://facebook.com/libertynaples)



MWR

[instagram.com/nsanaplesmwr](https://instagram.com/nsanaplesmwr)



Child and Youth Programs

[instagram.com/naples\\_cyp](https://instagram.com/naples_cyp)



Liberty

[instagram.com/nsanaplesliberty](https://instagram.com/nsanaplesliberty)



Fleet and Family Support Center

[facebook.com/NaplesFFSC](https://facebook.com/NaplesFFSC)



Naples Housing

[facebook.com/NSANaplesHousing](https://facebook.com/NSANaplesHousing)



Navy Life Naples

Download Navy Life Naples app

### GAETA

The Facebook page includes MWR, Child and Youth Programs, Fleet and Family Support Center, Housing and Liberty information for the NSAND Gaeta community.



[facebook.com/mwrgaeta](https://facebook.com/mwrgaeta)





# Stay Informed at NSA Naples!

## ATHOC

The ATHOC system is used for emergency notifications i.e. gate closures, disasters, causes for caution, etc. Anyone in the Naples area (sponsors & dependents) can register for ATHOC to receive these updates.



Sign Up - ATHOC



FACEBOOK



INSTAGRAM

## NSA Naples Italy App

The NSA Naples app is your one stop shop for essential information and your companion to navigate the Naples area. The app is available for download on Google Play (Android) and IOS (apple)



App

## AO/ INDOC: Area Orientation

Mandatory orientation for all personnel PCSing to Naples where critical information about Naples, the NSA Naples installation, and more are shared. Get the basics about navigating life in Naples! See the date for the next event in the latest edition of the Naples Navigator.

## Monthly Basewide Events Newsletter

Your one-stop-shop for all events happening at the installation. This includes events from MWR, Fleet and Family Center, Red Cross, and more. Access at the top of the latest edition of the Naples Navigator.



Monthly Events Newsletter

## NSA PAO Notes

Non-emergency information sent by the Public Affairs Officer (PAO) directly to your emails via your triad / leaders. If you do not receive NSA PAO Notes, inform your leadership to contact the NSA Naples PAO: [nsanaplespao@us.navy.mil](mailto:nsanaplespao@us.navy.mil)

## AFN: Armed Forces Network

Naples 97.3 FM The Eagle provides local, live radio programming. AFN GO is also available via the AFN GO mobile app.



AFN Naples 97.3

## Coffee with the Skipper

Geared towards spouses, Coffee with the Skipper offers a unique opportunity to connect with NSA Naples leadership, share insights, and discuss community matters - all over a fresh cup of coffee in good company. See next event date in the latest edition of the Naples Navigator.

## Naples Navigator

The Naples Navigator is a monthly digital newspaper containing important base wide information and news. For direct email subscription, send an email to: [nsanaplespao@us.navy.mil](mailto:nsanaplespao@us.navy.mil)



Naples Navigator

## Town Hall

Taking place at Support Site, Town Halls are Facilitated once a quarter to address community questions and concerns. The event is always livestreamed on the NSA Naples Facebook Page. See the date for the next event in the latest edition of the Naples Navigator.

## NSA Naples Website

Installation website where you can find information about NSA Naples by department, read about our mission and leadership, and find all types of resources including legal, instruction, environmental, veterinary, and more.



NSA Naples Website

## Pizza with the CMC

This is an opportunity for E-1 to E-6 single servicemembers to share thoughts, ask questions and get feedback from leadership; usually with a complementary lunch. Monitor the NSA Naples information channels listing the announcement of these events.

## ICE: Interactive Customer Evaluation

The Interactive Customer Evaluation (ICE) system is a web-based tool that collects feedback on services provided. This is how we get feedback from YOU to make improvements



Submit an ICE